

Lectionary for June & July

June

- 1 Genesis 6:9-22; 7:24; 8:14-19 Psalm 46:1-11 Romans 1:16-17; 3:22b-28 (29-31) Matthew 7:21-29
8 Genesis 12:1-9 Psalm 33:1-12 Romans 4:13-25 Matthew 9:9-13, 18-26
15 Genesis 18:1-15 (21:1-7) Psalm 116:1-2, 12-19 Romans 5:1-8 Matthew 9:35-10:8 (9-23)
22 Genesis 21:8-21 Psalm 86:1-10, 16-17 Romans 6:1b-11 Matthew 10:24-39
29 Genesis 22:1-14 Psalm 13:1-6 Romans 6:12-23 Matthew 10:40-42

July

- 6 Gen 24:34-38, 42-49, 58-67 Psalm 45:10-17 or Solomon 2:8-13 Romans 7:15-25a
Matt 11:16-19, 25-30
13 Genesis 25:19-34 Psalm 119:105-112 Romans 8:1-11 Matthew 13:1-9, 18-23
20 Genesis 28:10-19a Psalm 139:1-12, 23-24 Romans 8:12-25 Matthew 13:24-30, 36-43
27 Genesis 29:15-28 Psalm 105:1-11, 45b or Psalm 128:1-6 Romans 8:26-39 Matthew 13:31-33,
44-52

Springwater Presbyterian Church

Mailing Address:

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Estacada, Oregon 97023

Location:

24553 S. Springwater Rd.

Estacada, Oregon 97023

Forward & Address Correction

Session begins using dishes instead of paper plates

Anytime we can use durable, reusable goods instead of disposable we are saving valuable resources. We are preventing waste from entering the system in the first place! In this spirit of "precycling", your Master Recycler purchased plates and bowls from Eagle Creek Presbyterian Church's rummage sale, put them in a lidded plastic tub and brought them to our most recent session meeting. We prevented at least 10 paper plates from entering the waste stream. If we do this every month, we will NOT use 120 paper plates in a year! It was easy to put the dirty dishes in the tub and bring them home to my dishwasher.

Here's how *you* can practice precycling. First decide what you need. Before making a purchase, consider the following:

- Why do I want this?
- How often will I use it?
- What are my alternatives to this product?
- Can I get along without it?
- What will I give up (e.g. your hard earned dollars, money and time spent on maintaining and disposing of it) in order to buy this?

Once you've decided what you need, look at alternatives such as reusing something you have, borrowing or renting what you need, repairing something at hand, or adapting a related item to serve your current need.

- Reuse is an important part of precycling. There are three ways to reuse something:
 - Use an item you already have
 - Give away or sell items you no longer need
 - Purchase used items
- Before purchasing something new, ask yourself:
 - Can I use something I already have?
 - Can I make it from things I have?
 - Can I borrow or rent it?
 - Can I buy it used?

Finally, if a new product really is the best option, carefully select the product. Ask yourself these questions:

- Will this product last?
- Is it repairable?
- Is it a classic? Will I be happy with it years from now?
- What will happen to it at the end of its life? Does it contain hazardous materials or will it be safe to dispose of in a landfill?
- Is it free of unnecessary packaging? Is the package refillable or recyclable?
- Precycling helps us to reduce waste by considering our purchases before we make them.
- People acting together can make a difference. If just one-fourth of U.S. households used 10 fewer plastic bags a month, 2.5 billion less bags could be made each year.

Greetings from your clerk of Session

I am in Alaska doing the vital task of Grandparenting. Your editor thought I might have something to share from our last session meeting.

One action was awarding a contract to paint the manse. This is the same contractor that painted the church last year. Their bid was \$1800 to prep & paint & Session was happy to sign.

The clerk was asked to meet with Alaska Presbytery to start a dialog with them about the Youth Mission Trip. I have met with the Director, David Dobler, and have started an active file with them. He was very favorable to our going to the tiny town of Hoonah, and we now have e-mail addresses and phone numbers to carry on planning directly with the church there.

Session authorized a silent auction to be held June 29, July 6 and end on the Church birthday July 13. The funds will be used for the Youth mission trip, so the Youth are looking for items to be auctioned. If you have donations please call Peter Sturman or your clerk (503-631-7834).

By the time you read this I will be back in Alaska for our grandson, Ian's, Eagle Scout award & high school graduation. We are having great fellowship with grandchildren and family.



Coming This Summer

The main event for June is VBS. Our youth & their friends will be helping the teachers at VBS. Jennifer Souders will be one of the teachers in charge of games.

We will have a camp out in August and are currently setting the final date.

Mission Trip 2009

Don MacKinnon has had recent personal meetings with key contacts in Alaska. We will work towards finalizing the itinerary as soon as possible. There will be a silent auction in July to help raise funding for the trip.

Rainforest Adventure Vacation Bible School

Explore the canopy! It's time to register for VBS!

- Place: Springwater Presbyterian Church
- Dates: June 23-27th
- Time: 9 AM till Noon

Join us for a rainforest program of faith-filled fun! Rainforest Adventure invites kids to share the good news of Jesus' love for us by being caretakers of all that God has given us.

At Rainforest Adventure you will:

- Hear stories about Jesus
- Make cool crafts
- Sing fun songs
- Play zany games
- Eat super snacks
- Make lots of new friends!

If you are in preschool through 5th grade swing on in! We'll have lots of fun on our Rainforest Adventure!

Please register by filling out a registration form in the fellowship hall. Take some for your friends, too!

Springwater Youth Activities

Art Museum Trip

We visited the Portland Art Museum exhibit called *The Dancer*. It showed the original work of 3 French artists from the late 19th & early 20th centuries after the camera was invented. There were black & white photographs of Forain, Degas & Toulouse-Lautrec, their bios were part of the exhibit. they created paintings & sculptures of great beauty while exposing the evils of the times to society at large.

Oregon Food Bank Volunteers

We had an SPC work party at the Oregon Food Bank. We found ourselves repacking beans from 50lb sacks into meal size bags, with cooking instructions and menu ideas in English & Spanish. In Winston Churchill's words, it never ceases to amaze me "how much can be done for so many by so few". Our group packaged 12,744 lbs of Pinto Beans, one scoop at a time, in about 2 ½ hours. This equals beans for 9,803 meals. This is fun and easy Christianity. You can come next time. The Estacada Food Bank may get some of our beans. EFB needs volunteers on Tues. & Fri. If you're interested, call Carol Sturman

The Chronicles of Narnia

Beyond what I learned in Church, the Chronicles of Narnia by C.S.Lewis were a major source of Christian inspiration for me in late childhood & youth. So it was a source of joy to share the written art of CS Lewis, and the movies it has inspired with the Springwater Youth.

Results of our Ministry and Mission Survey

Your Session

MODERATOR:

Beverly Crow

ELDERS:

Don MacKinnon

Peter Sturman

Renate Jeppeson

Mary Johnson

Kathy Scott

Kevin Kirby

Bob Wilson

TREASURER:

Gwen Shearer

WORSHIP:

Debbie Ingamels

In April, session asked you to use five stickers to tell us what was most important to you about Springwater Presbyterian Church. You were asked to consider “What do I love about church? What makes this ‘church’ to me?” This is a very different question than “what should SPC do?” and session will be considering that question later this year. In the meantime, we have some interesting results to share and ponder.

It seems that the things we like the best are relational. We like each other and we like to spend time together. Sunday worship got 12 stickers, and passing the peace got 7 stickers. Keeping in touch through the prayer chain and informally got 10 stickers. If we can eat while we’re connecting with each other, even better: potlucks got 8 stickers and the Round Up got 5. Children’s activities are also popular: Sunday School got 11 stickers and the Youth Group got 9. Ralph and his friends are very popular too; the children’s sermon got 11 stickers. We also like to give: our mission with the Estacada Food Bank got 14 stickers (the most of any category) and Heifer International got 8. Altogether, our service through hunger ministries received 14% of our stickers. Ask a session member if you would like to see the entire list of results.

Session will be distributing the complete list to all of our committees, so we can use this information to focus our future activities. In the fall we will again ask for your participation as we refine our search for the answer to “what is essential to be the church?”

Springwater’s Own Angel, Pews, Carpet and You

In the business world an angel is a person who comes forward with money to help a struggling business. Our church has found a similar angel. Our angel has offered a substantial gift to help us with our pew and carpet replacement projects.

Imagine how our church will look and feel with new pews, made for our church, not just 100+ year old hand me downs. Picture in your mind, new carpets, fresh paint, and a newly refinished floor in the fellowship hall. And throw into the mix, ideas from liturgical arts consultants whose work will enhance the spiritual look and feel of our church.

Our angel’s gift won’t do it all. We need and Session wants us to do our part.

Between now and July 31 we will be contacting members to help out on this important work in the life of our church. Please consider if and how much you can give. Your budget may feel the effects of your gift for a few months, but the church will benefit from it for a hundred years.

HEIFER

We will be collecting a special offering for Heifer International during the month of June. Funds will be dedicated on June 29 after the conclusion of VBS

Mary Johnson was ordained and installed as a new elder and Session member earlier this year. She has been a Registered Nurse for many years. Because she has a heart for nursing and a compassion for others, she has agreed to be our Parish Nurse.

Parish nursing is a program sponsored by PCUSA, encouraging people everywhere to live life to the fullest by taking good care of their bodies.

Mary starts us off with an important tip for the hot weather. . . .



Avoiding Heat Stroke

Each year about 300 people die from heat stroke in the U.S. Be AWARE that the risk among older people is over 10 times that of younger people.

Tips:

- 1) Drink fluids- water and low sugar electrolyte drinks. Avoid caffeine, alcohol, soda, and high sugar drinks.
- 2) Keep drinks COOL, not cold.
- 3) Avoid alcohol- it will make you more dehydrated.
- 4) Wear loose cotton/linen clothes, avoid tight and synthetic materials.
- 5) Stay out of the sun- stay in the shade. Wear a hat, sunglasses, and sunscreen.
- 6) Put a block of ice in front of a fan- this will help cool down a room and a fine spray/mist of water into the air.
- 7) A wet/cool dishtowel around the neck or on top of your head will cool you down quicker.

Speaking of health . . .

We have a mission at Springwater PC to feed the hungry. It's good to worry about our own health, but it's even more difficult for the hungry to stay healthy. Please remember to purchase extra food when you are grocery shopping for your family, especially when it's on sale. When you are buying, here are some guidelines that will help you make some choices:

Oregon Food Bank needs these nutritious foods:

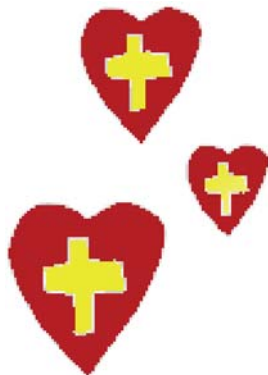
- canned meats (i.e., tuna, chicken, salmon)
- canned and boxed meals (i.e., soup, chili, stew, macaroni and cheese)
- peanut butter
- canned or dried beans and peas (i.e., black, pinto, lentils)
- pasta, rice, cereal
- canned fruits
- 100 percent fruit juice (canned, plastic or boxed).

Card of Thanks from Jonna

One of the several thank-you notes posted on the Fellowship Hall bulletin board is a communication from Jonna, our mission co-worker in central Asia. She is grateful for the continuing financial support from Springwater, as well as the generous contributions of winter wear, books, and school supplies. (If you're packing for your vacation trip, buy an extra package of trail mix for sending on to Jonna, whose next vacation will be in December.)

Don't be shy. Don't hold back. Let's talk with each other – about God, about what it means to be a disciple of Christ, about ways the Spirit of God moves us to new and different actions.

The Congregation received this note of thanks and thanksgiving from one of our own.



activities, your illnesses and any hospitalizations.

It sounds as though there are both indoor and outdoor maintenance projects scheduled, Vacation Church School, and several dates for the sabbatical "Bringing Creativity to Faith" events.

In the midst of all this activity, I urge us to become conscious theologians. What are our God thoughts and questions? What questions do our lives and that of the world around us raise for us? This summer's sermons and worship will be focused on the ways we understand and express God in our lives and the ways in which we can be more conscious of God all the time. These are topics for conversation and we need each other to engage in this kind of conversation. Don't be shy. Don't hold back. Let's talk with each other – about God, about what it means to be a disciple of Christ, about ways the Spirit of God moves us to new and different actions.

I urge us this summer to become conscious and intentional in our faith journey. We will each be in different places, and yet we will all be on the same journey. Let us journey together this summer in some new and exciting ways.

Shalom,

Beverly Crow

Sabbatical Interim Pastor

Bettie Barbee writes the congregation a love note:

As I stated last Sunday in church it has been over 4 months since I last attended. I was beginning to question my faith and wondering why I was coming to Church. I wasn't sure that I was getting out of the services what I needed. Then I had a colossal fall and injured my ankle. I then realized that that was the Lords way of waking me up. We often use the word congregation and community. Well I found out that the congregation~community really became a family. They drove Don and I to the doctors, offered to go grocery shopping & prepare meals. Everyone pitched in to help us. A beautiful wheelchair ramp was built when the family found out I was coming home.

The phone calls, cards, flowers and visits were so important. When you are laying flat on your back & coping with a vision problem and can't see TV, all of those human touches meant so very much & renewed my faith in Jesus & in this congregation that became my family. I am so very proud to be a very small part of this family. Thank you so much for giving me the will to get back on my feet. When I walked into Church last Sunday with my walker, you applauded my arrival. It will not be the last you see of me. And if any of my church family ever needs help, please call me.

With my sincere thanks and prayers, *Bettie Barbee*

Where is the Pastor?

After 8 years of serving as our pastor, Eileen Parfrey is getting a chance to take a 3 month sabbatical. She is taking time for renewal and refreshment and filling her well with energy and new insights.

The congregation here in Springwater is being ably served by another terrific pastor,, Beverly Crow. Beverly's expertise is in interim pastoring. She will bring new insights and ideas to us as we practice sabbatical. We will be spending the summer looking at different and creative ways to practice our faith.

I do want to get to know you and enter into your meeting time, your social times and your times of special need. Let me know of your activities, your illnesses and any hospitalizations.

Meet Beverly Crow Sabbatical Interim Pastor

My journey as a Christian in the Presbyterian tradition is as old as I am. In my youth, the downtown church in Rockford, Illinois was the weekly setting for my faith development. As an adult, my faith development has continued in several different states, in very small and very large churches as well as those in the in between size.

Dave and I met at Macalester College in St. Paul, Minnesota. After we got married we spent several summers in his hometown of Lostine, Oregon. I stayed home with our three children for several years and then began my own seminary career when they were in Jr. and Sr. High.

After graduating from United Theological Seminary in St. Paul, I was on staff there in the Admissions office and as Chaplain. Then, I took an Interim Pastor position to gain first hand experience as a pastor, and soon felt a call to that unique form of ministry. I have served churches as an Interim Pastor in Minnesota, Oregon, Washington, and Norway and along the way, earned a Doctor of Ministry degree from McCormick Seminary in Chicago. The areas of emphasis in my time in ministry have been in adult education and worship. Those are the areas of life that I think, open us and shape our Spirit-filled lives.

When I am not at work, I like to spend my time reading, knitting, baking bread, lingering over dinner with friends, and getting out on our new retirement "bicycle built for two."

A Message from Beverly

According to the calendar we know that the summer months have arrived. According to the weather, we sometimes know it is summer and other times we are not so sure. For Springwater Church, this year summertime is also framed by the church's sabbatical time, and that is upon us.

Though I have said it verbally, I want to take this opportunity to let everyone know how grateful I am that I became your selection as Pastor for this season in your church life. I look forward to our time together, both for the extra events you have planned for the sabbatical time and for the regular church life projects and routines for the summer season. In any and all seasons, though, a congregation gathers every Lord's Day for worship, and I am so excited to spend my summer worship time with you at Springwater.

Change, even when it is temporary, is never easy, but you have welcomed me and have made this an easy place to enter. Thank you. I do want to get to know you and enter into your meeting time, your social times and your times of special need. Let me know of your

June - July 15th

Sabbatical Summer

In this issue

Birthdays	1
Anniversaries	1
Lectionary	8
Green Congregations	7
V B S	6
Health	7
	4

Sunday Schedule

9:45am
Hymn Sing

10:00am
Worship

11:15am
Fellowship

Bring a sack
lunch
Stay & picnic on
the grass

Deadline for Next Issue:

July 6, 2008



Birthdays

June	July
5 Don Barbee	5 Dick Scott
8 Mary Kirby	5 Jessie Jo Guttridge
16 Kit Johnson	10 Mel Kramer
16 Ruth Newman	10 Don Guttridge
27 Tom Coyne	15 Cody Johnson
27 Rachael Webb	16 Dorothy Shearer
	17 Stephen Shibley

Wedding Anniversaries



June

3	Nancy & Jim Tedrow
11	Kathy & Dick Scott

July

18	Robin & Sam Fisher
22	Tami & Don Guttridge
27	Bettie & Don Barbee

June 2008						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July 2008						
S	M	T	W	T	F	S
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

In June

- **Flag Day** — June 14, 2008
See [Flag Day](#) for related art.
- **Father's Day** — June 15, 2008
See [Father's Day](#) for related art.
- **Summer Begins** — June 21, 2008
See [Summer](#) for related art.



In July

- **Independence Day** — July 4, 2008